Researchers say that eating too much junk food can damage a person’s health. In order to solve this people think that educating people about disadvantages to their health by eating junk food can help while other thinks that will not work .

Eating junk food is not that bad , junk food may be very testy but eating too much junk food can certainly harm your health so to solve this problem before it gets bad and I think that educating people on the danger of eating too much junk food is very good and wise idea. I think that government should host some kind of events and webinars to educate more people about their health that way people can understand and make change to their choice of food.

However , educating people may be a good Idea but It does not mean that people will stop eating junk food so , in order to make people more healthy government may have to take some harsh steps whether they like it or not . I think that by raising tax particularly on junk food may work more than just educating people. To make sure people eat healthy food on daily base companies and other places where people work should offer healthy food so , by raising tax on junk food can make people eat less of junk food and by offering healthy meal government can improve it’s citision’s health.

In conclusion, I think that it is a wise idea to educate people but it will not affect majorly .